



## Invitation to masters diving competition

As last year, the masters competition at Aquarapid International 2011 will be an "all around competition".

The competition will take place on Friday evening November 11, at Eriksdalsbadet in Stockholm.

**Competitions:** Masters Men and Women from 18 years old (two events)

2+2+2 dives 1m+3m+platform

Freely choose 6 different dives from the FINA handbook excluding dives no 100 and 200.

Masters Novice Men and Women from 18 years old (two events)

2+2+2 dives 1m+3m+platform (only 5m for novice)

Maximum 1.5 rotations

Maximum 1.7 difficulty per dive

100 and 200 are allowed to be used.

Dives may be repeated on a different height once.

I.e if dive 101c is performed on 1m it is allowed to repeat it on either 3m or platform.

First two dives will be at 1m springboard for everyone, thereafter you can freely choose the order of your dives for 3m and platform.

**Fee:** 110 SEK per person (13 €) to be paid at the arena

**Entry:** By e-mail to [swedish.masters@gmail.com](mailto:swedish.masters@gmail.com), where you state your name, masters or novice and men or women.

**Divesheets:** Are to be sent to [swedish.masters@gmail.com](mailto:swedish.masters@gmail.com) no later than November 4.

**Prices:** There will be medals to the first three in each event

If you have any questions, please don't hesitate to send an email to [swedish.masters@gmail.com](mailto:swedish.masters@gmail.com)